



HARDI

AGED CARE

MANLY VALE

Overview of Manly Vale
Aged Care Facility



H



Living Well

Manly Vale Aged Care Facility has a sunny aspect with a centre courtyard and BBQ area for Residents, families and friends to enjoy. The Facility is located close to public transport and the shopping village.

Currently our accommodation includes permanent and respite care. Single and shared rooms are available. Couples can also be accommodated.

The Facility is two storeys with an internal lift and easy access for residents and relatives from the ground floor.

Services include Physiotherapy, Speech Pathology, Podiatry, Optometry, Wound Consultancy, Dental and Dietician.

For over 40 years the Hardi name has been the forefront of Residential Aged Care. We have a clear focus on providing quality of life in a community atmosphere, whilst respecting the dignity and needs of each individual.



Quality Specialised Service

We achieve this by offering quality care through a dedicated team of loyal staff and by forming true partnerships with our Residents and their Representatives.

We aim to be flexible and responsive to our Residents' changing needs and go out of our way to be as helpful as possible to ensure optimum quality of life.

All our Aged Care Facilities have attained full 3 year Accreditation.



Manly Vale Aged Care

At Manly Vale Aged Care you can enjoy the sea breeze and visit to the ocean. You can relax in the outdoor entertaining area and gazebo or enjoy a cup of tea with loved ones in one of the lounge areas.

Our regular bus outings are a favourite with residents visiting interesting venues around Sydney. We hold regular sing-alongs with singers and musicians which is all a part of our comprehensive lifestyle program that is designed to be meaningful and stimulating.

Home cooked meals are cooked on site by our qualified chef. Our highly qualified team appreciate that each resident has different needs and preferences and offer both time for interaction as well as independence and individuality.

We are close to all of the amenities you need – local shops, transport, local parks and medical facilities. The facility is in close proximity to Warringah Mall Shopping Centre, Totem shopping Balgowlah, Manly Dam and several well-known beaches with restaurant strips.

Buses stop just metres from the facility, with access by Public Transport is government buses from the city through Mosman and The Spit (bus number 145 through to 192).

Features Snapshot

Single, Double and multi share bedrooms

- Extensive lifestyle and leisure programs that are both engaging and enjoyable
- Variety of air conditioned dining and recreational areas
- Large secure outdoor area with a gazebo, water feature and comfortable seating
- Several visitors' lounges with amenities to enjoy a cup of tea or coffee with your loved one, relative or friend, TV, newspapers and books
- Close proximity to local shops, transport, local parks and medical facilities
- Onsite chef and laundry staff.

Your Home

Because it's your home, we encourage you to bring in personal items and favourite mementos that mean so much and express your style and life.

Residents are assured of quality care with each resident having easy access to a nurse call beside their bed and all beds are electronic for easy care.

Our dedicated care team are committed to delivering personalised care and provide on-site support to residents and their families at all times. Our nursing staff participate in continuing professional development activities.

We provide furniture including a wardrobe, bedside lockers including lockable drawers and comfortable lounge style chair.

Whether you prefer a little more privacy or enjoy the company of others, our single and companion rooms let you make yourself at home. Many Vale Aged Care offers sixteen single bed rooms, thirty six double bed rooms, and one room containing 4 beds. The bed capacity of Manly Vale Nursing Home is 92.

Detailed Information

Single Room Sizes

One room with en-suite is 8m². Fifteen rooms have no en-suite facilities but have immediate access to bathrooms, these rooms are 8m².

Double Room Sizes

Thirty six rooms have no en-suite facilities but have immediate access to bathrooms, these rooms range between 15.m² to 21m².

4 Bed Room Sizes

The one 4 bed room has no en-suite facility but has immediate access to bathrooms, which are located directly opposite this room. The room is 31m².

Common Areas

The ground floor has two lounge/dining rooms, one situated on the western side of the building with access to an outside garden. Currently under renovation. The second lounge/dining room situated on the eastern side of the building has access to a terrace facing the street frontage.

The ground floor internal terrace has shaded seating & water features.

The first floor has two dining/lounge rooms with access to verandahs situated on three of the four sides of the building.

Your Services

Manly Vale Aged Care offers a range of services which are included as part of our service to you:

Personal services:

- Interesting and stimulating seven days per week recreational activities programs including cultural, social emotional, physical and cognitive activities such as karaoke, Nintendo Wii sports, and pet therapy
- Home cooked, culturally diverse meals
- Spiritual and emotional support including clergy visits
- Multi-lingual staff

- Bus and club outings including picnics, these are both half and full day
- Celebration of special events, national days and birthdays and every resident has special individual birthday celebration
- Foxtel.

Clinical and Other Services:

- 24 hour care by qualified nursing staff
- 24 hour access to medical care
- Play Up Programme, through the Arts Health Institute
- Pain and mobility therapy
- Podiatry services
- Speech pathology
- Psycho geriatrician services
- Pet therapy
- Bus outings
- Grief and loss counselling
- Dietetics
- Music therapy
- Respite and palliative care.

Additional Services

Manly Vale Aged Care offers a range of services which may be extra and any other services not required under the Aged Care Principles, including the following:

- Escorts to appointments
- Hairdressing
- Massage Therapy
- Dental care
- Optical care
- Hearing Services
- Pathology Service
- Mobile X-Ray Service
- Pharmaceutical Services
- Specialised Wound Management

Fees and Funding

Moving into an aged care home may require one-off payments or deposits, as well as ongoing fees for your care, accommodation and daily living expenses.

We welcome all prospective residents at Manly Vale Aged Care no matter the financial situation.

How much you pay depends on your financial situation. However, there are strong protections in place to make sure that care is affordable for everyone.

The Government sets the maximum fees for care and daily living expenses, and there are also rules about how much you can be asked to pay for your accommodation.

There are two types of payments for residential aged care: Daily Service Fees and Accommodation Payments.



Daily Service Fee

A basic daily fee covers daily living costs such as meals, linen, laundry, electricity personal and nursing care. They are paid by all residents, whether they're receiving low or high care, and are determined by the Department of Social Services (DSS).

The daily fee includes:

- A basic daily fee determined by the government based on the resident's income
- An extra service fee for residents who have chosen an extra service facility
- An income tested fee for residents with a higher income.

Residents are required to pay:

- A Basic Daily Care Fee
- A co-contribution income tested fee and
- Where determined by Centrelink or DVA, an accommodation payment or refundable accommodation deposit.

The Basic Daily Care Fee is set by the Government and equates to 85% of the single pension for pensioners and 96.5% of the single pension for non-pensioners. These amounts vary from time to time as the level of the pension increases. It's "capped" at a certain amount determined by the government. For more information about this and co-contribution go to www.centrelink.com.au

Daily Accommodation Payments and Refundable Accommodation Deposits

A Daily Accommodation Payment is a daily payment if you're entering a high-level care place and assets are valued over a certain amount.

This charge is paid daily in addition to the basic daily fee and any co-contribution income tested fee.

The amount payable is agreed upon by the resident and the aged care facility.

For more information about accommodation payments go to <http://www.myagedcare.gov.au>

Prospective residents who do not have the means to pay a Daily Accommodation Payment or a Refundable Accommodation Deposit are always welcome at Manly Vale Aged Care.

The Daily Accommodation Payment and Refundable Accommodation Deposit is set by the Board of Manly Vale Aged Care and is varied from time to time.

They are only applicable to those residents entering on or after 1 July 2014 who Centrelink or DVA determines as having the asset base to afford such a payment.

The maximum Refundable Accommodation Deposits (RADs) and the corresponding Daily Accommodation Payments (DAPs) are as follows:

| Room Type | RAD | DAP |
|---------------------------|-----------|---------|
| Single room with En-suite | \$375,000 | \$61.03 |
| Single room | \$335,000 | \$54.52 |
| Double room | \$325,000 | \$52.89 |
| 4 Bed room with En-suite | \$260,000 | \$42.31 |
| 4 Bed room | \$250,000 | \$40.68 |

Residents have the right to choose which option would best suit their financial arrangements. Those options are:

- To pay the RAD wholly by lump sum payment; or
- To pay the RAD as a daily accommodation payment (known as a DAP); or
- To pay the RAD by a combination of lump sum and daily payment.

Within 28 days of entering the facility residents must advise the management of Manly Vale Aged Care which option they wish to choose. If this is not done the management of Manly Vale Aged Care will implement the option under the Aged Care Act of assigning the Daily Accommodation Payment.

From the date of entry, and pending advice of the resident's preferred option of payment, residents will be charged the Daily Accommodation Payment. Where the resident chooses to pay by lump sum (RAD), the DAP will be charged until the lump sum is paid.

It is recommended that you seek advice from a financial planner to see which payment option best suits your financial arrangements.

The Daily Accommodation Payment can also be paid by a combination of the lump sum Refundable Accommodation Deposit (RAD) and a Daily Accommodation Payment (DAP). This is done by the resident electing to pay a percentage of the RAD as a lump sum and the remainder as a DAP. The Daily Accommodation Payment is calculated by applying the Maximum Permissible Interest Rate (MPIR) set by the government, to the unpaid lump sum amount. An example is as follows:

Resident A enters into a single room which has a RAD of \$335,000 and chooses to pay only 20% of the RAD as a lump sum and 80% as a DAP. Resident A would therefore pay a lump sum RAD of \$67,000 and a DAP of \$43.61. This DAP is calculated as follows:

| | |
|---|-----------|
| Unpaid lump sum | \$268,000 |
| Maximum Permissible Interest Rate | 5.94% |
| DAP ($\$268,000 \times 5.94\%$) divided by 365 days | \$43.61 |





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MANLY VALE

For more information or to
arrange a visit, please contact
our Facility Management Team
on (02) 9949 1911

THE MANAGEMENT TEAM AT HARDI AGED CARE IS PLEASED TO ADVISE THAT
THE IMPORTANT FIRE SPRINKLER INSTALLATION WORKS REQUIRED TO BE
UNDERTAKEN BY THE NSW DEPARTMENT OF PLANNING AND INFRASTRUCTURE
WERE SUCCESSFULLY COMPLETED ON 9 DECEMBER 2014. THE INSTALLATION OF
THE SPRINKLER SYSTEM HAS BEEN CERTIFIED BY AN INDEPENDENT ASSESSOR
AS FULLY COMPLYING AND COMPLEMENTS THE FIRE SAFETY SYSTEMS THAT
WERE ALREADY IN PLACE AT THE FACILITY.

THE SAFETY OF OUR RESIDENTS AND STAFF IS PARAMOUNT
TO THE MANAGEMENT AT HARDI AGED CARE.

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